

TALBOT FAMILY NETWORK



The mission of the Talbot Family Network is to identify and develop support systems for a safe, healthy and caring environment for all Talbot County children and families.

Spring/Summer 2006

Director's Dialogue

Hail and Farewell...in military circles this is a ceremony to welcome new personnel and say goodbye those moving on to other venues. Talbot Family Network will spend this summer in the midst of a hail and farewell process.

We will say farewell to Hilary Spence as our Board President; Hilary has served throughout FY06, a year of challenge. We appreciate her leadership and wish her the best in her new endeavors.

Our new president, Bob Blades, takes over for FY07. His year of service will be a busy one as new legislation, initiatives and budgets thrust us into a flurry of activity. We're sure he is up to the task.

As mentioned above, new legislation has passed putting Local Management Boards into law once again. The Executive Order under which we have been operating will be replaced now that House Bill 301/Senate Bill 294 passed the legislature and were signed by the Governor. The codification of Local Management Boards puts us on more stable ground and frees us to focus on serving the community in the best way possible.

Some programs are changing as well:

The Community Ambassadors, who have served the community for more than five years, are branching out on their own. Their success in providing support across the county is good motivation to all of us as we search for ways to make a difference. Best of luck to all of the ambassadors!

Promoting Safe and Stable Families will be moving from the oversight of Talbot Family Network. The Department of Social Services, that has been running the program focusing of *Parent Education* and *Option: Respite*, will take over sole oversight and responsibility. Keep up the good work!

The School Wellness Centers will continue to function in the Talbot County schools without the oversight of Talbot Family Network. Changes at the state level have moved the responsibility of that program to the Talbot County Health Department. The Health Department has been the vendor of this program since its inception, so there is no significant change in the delivery of these valuable services.

Finally, I must say my farewells. My resignation as Executive Director is effective at the end of this fiscal year, and I am moving on to another county agency. My thanks to the staff, Board, County government and the community for making my time at Talbot Family Network one of growth and challenge. My best to Talbot Family Network as it faces another challenging year.

TFN Awards FY 2006 Program Support Grants

Talbot Family Network is pleased to announce the recipients of Program Support Grants for April 1, 2006 through June 30, 2007. TFN has awarded \$157,100 to the following community programs:

- ☺ Talbot Mentors Inc.- Mentoring for Tomorrow
- ☺ CASA of Talbot County, Inc.- Child Outcomes Advocacy Training
- ☺ Talbot County DSS- Foster Care Media Campaign
- ☺ Channel Marker, Inc.- Primary Mental Health Project
- ☺ Talbot Co. Public Schools- School-based Mental Health Program
- ☺ Talbot Co. Juvenile Drug Treatment Center- Drug Court
- ☺ Talbot County- Teen Court

Healthy YOUiversity!

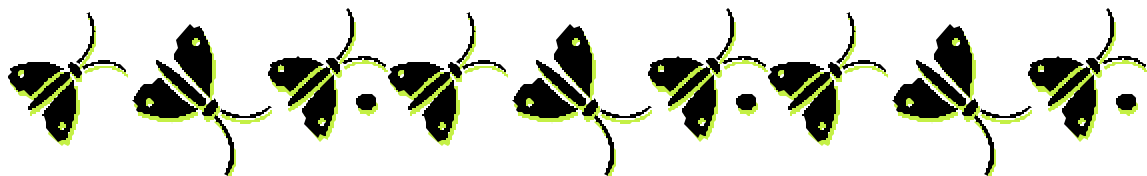
To further support each other in pursuit of health (and happiness) the Talbot Family Network staff, along with a few family members, formed a team to participate in the 2006 Talbot Gets Into Fitness Challenge! Staff is having a great time encouraging each other to get up and be active. Staff is getting fit in a variety of ways including strength training, walking, running, participating in pilates, and even on some brave occasions, working out to TaeBo!

Grandparents as Parents Educational/Support Group

The GAP group is taking a break for the summer months but will resume in the fall. For more information, contact Amanda Craig (410-822-0686) or Howard Dunkley (410-822-2616, ext. 14).

Community Events and Happenings

An AL-ANON meeting especially for parents will take place Tuesdays from 5:15 to 6:15 p.m. in Easton at Grace Lutheran Church, Hanson Street entrance. AL-ANON is a support group for people who have family members or friends with alcohol or other drug abuse problems. There is no charge. For information on other AL-ANON meetings in Easton and resources for parents call Talbot Partnership at 410-819-8067 or visit www.everyparentcan.org.





Dream Insurance

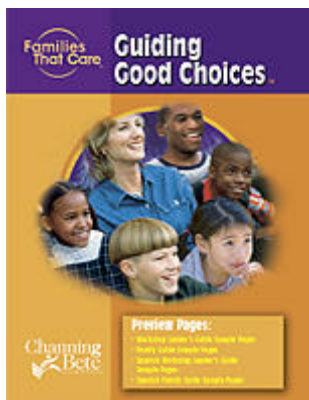
Guiding Good Choices is a four-week program for families of 5th – 8th graders on how to keep adolescents drug-free.

1st Session: Overview of adolescent substance abuse and the risks of alcohol, tobacco and other drug use

2nd Session: Skills for family communication about alcohol, tobacco and drug use.

3rd Session: Skills for children on resisting peer pressure and for parents to help them practice.

4th Session: Skills for parents on controlling their anger and to increase children's roles in the family.



Call 410-819-8067 or info@talbotpartnership.org to sign up for the next program or to schedule one in your neighborhood.

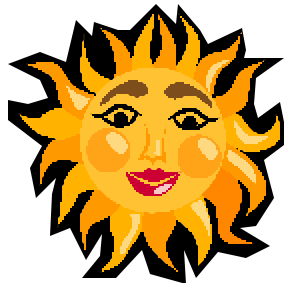
The St Michaels Community Center is offering a Guiding Good Choices course on Wednesday evenings beginning July 5- people can call 410-763-6073 for more information and to register.



Keep Your Kids Safe this Summer 2006

Help your children have healthy fun this summer. Make sure they know your expectations, check up on them, and celebrate their good decisions!

- ❖ **Swimming, cheerleading, soccer camps and drop-in basketball** are just a few of the activities offered by the Talbot County Department of Parks & Recreation this summer. For a brochure of all activities as well as times and places call 410-770-8050.
- ❖ **Community service is a constructive use of teen time**. Find opportunities at fire companies and other non-profit agencies that serve people, animals, and the environment.
- ❖ **New driving laws** prohibit drivers under age 18 from using cell phones while driving except to call 911. For the first five months of their licenses, teens cannot drive with other minors in the car unless they are members of their immediate family or an adult is present. These new laws are designed to reduce crashes and the resulting injuries.
- ❖ **Have your child use the house phone, not a cell phone** to call you from their friends' homes. This way you know where they are and can call back to make sure that there is adult supervision.
- ❖ **Be alert to pill abuse**. Lock up or monitor your prescriptions and over-the-counter drugs, as well as alcohol in your home. Make sure your children know not to share medicines and not to take candy-like pills from other children.
- ❖ **The legal drinking age is 21**. No one else has the right to provide alcohol to your children. Can we inspire our kids to enjoy sunshine, crabs, water and life -- without booze?
- ❖ **Guiding Good Choices** is a FREE program for families with children in 4th - 8th grade. The four sessions teach parents how to help their children make healthy choices and stay drug free. Summertime is a perfect time to gather a group of parents and take this course right in your own home. Call Talbot Partnership at 410-819-8067 or write to info@talbotpartnership.org.



❖ **Stop in for FREE books** at Talbot Partnership, 8 Goldsborough Street, Easton:



- ✓ *Siblings Without Rivalry: How to Help Your Children Live Together So You Can Too* and *How To Talk So Kids Will Listen & Listen So Kids Will Talk*, both by Adele Faber & Elaine Mazlish -- sanity-saving help parents are looking for; written with humor, compassion and understanding and illustrated with cartoons.
- ✓ *Your Guide To A Happier Family* by Adele Faber & Elaine Mazlish -- the authors share their successful child-care methods that are used in parent workshops from coast to coast. They also speak on ways your language can build self esteem, inspire confidence and encourage responsibility.
- ✓ *Growing Up Drug-Free: A Parent's Guide to Prevention* published by U.S. Department of Education -- this publication will help you guide your preschool through high school-aged children as they form attitudes about drug use. It provides answers to children's questions as well as sources for help.
- ✓ *Family Focus: Who's Raising Your Teenager Today?* Scott Publishing -- this booklet helps you find answers to questions about how to guide your children in preventing and overcoming the use and abuse of drugs.



TFN RESOURCE LIBRARY

Since TFN relocated its offices to 108 Maryland Ave., Suite 102, staff has been working hard to inventory and catalogue resource materials. Happily, this task is now complete! Here is a list of TFN resources available for use via a checkout system or for use on-site:

AFTER SCHOOL

Videos

- The After School Institute- The 1st Annual After School Conference

Posters

- School-age Children

Books

- School-Age Care Environment Rating Scale
- Global Art
- Math Games & Activities
- The Kids' Multicultural Art Book
- The Big Messy Art Book
- Gizmos & Gadgets- Creating Science Contraptions That Work
- Making Make-Believe
- Activities for School-age Child Care (Revised Edition)
- Folded Paper Projects
- Summer Sizzlers & Magic Mondays- School-age Theme Activities
- Summer Program Tips, Strategies & Activities for School-agers 5-14 Years Old
- Ready-to-Use Activities for Before & After School Programs
- The Elementary Calendar for the Primary Grades
- Building Relationships with Parents & Families in School-Age Programs
- Working for Children & Families: Safe & Smart After-School Programs
- Training New After-School Staff
- Does Your Team Work? Ideas for Bringing Your Staff Together
- Jump Starters- Quick Classroom Activities that Develop Self-Esteem, Creativity & Cooperation
- Ten Minute Activities 1-3
- What are the Other Kids Doing While You Teach Small Groups?
- Lessons in Tolerance & Diversity
- The Best Self-Esteem Activities for the Elementary Grades
- Creative Conflict Resolution
- Half a Childhood- Quality Programs for Out-of-School Hours
- 365 Simple Science Experiments with Everyday Materials
- Resiliency in Schools
- Sports Plus- Positive Learning Using Sports
- 365 After-School Activities You Can Do With Your Child
- Sign Out Science
- After School Programs- Keeping Children Safe & Smart
- Discipline in School-age Care- Control the Climate, not the Children
- How the Arts Can Enhance After-School Programs
- Beyond the Bell- A Tool Kit for Creating Effective After-School Programs (2 copies)
- A Resource Guide for Planning & Operating After-School Programs
- After-School Action Kit (Large envelope in blue folder)
- Fact Sheets for After-School Funding (blue folder)

SEARCH INSTITUTE

Videos

- “You Have to Live It”- Building Developmental Assets in School Communities (27 minutes)
- Creating Healthy Communities for Kids (12 minutes)
- 40 Assets (8 minutes)

Books

- Step by Step! A Young Person’s Guide to Positive Community Change
- Taking Asset Building Personally- A Guide for Planning & Facilitating Study Groups (2 copies)
- Taking Asset Building Personally- An Action & Reflection Workbook (4 copies)
- Pass It On! Ready-to-Use Handouts for Asset Builders (4 copies)
- Building Assets in Congregations
- More Building Assets Together- 130 Group Activities for Helping Youth Succeed
- Get the Word Out- Communication Tools & Ideas for Asset Builders Everywhere
- Building Assets Together- 135 Group Activities for Helping Youth Succeed
- What Teens Need to Succeed
- Walking Your Talk- Building Assets in Organizations that Serve Youth
- Great Places to Learn- How Asset-Building Schools Help Students Succeed
- Coming into Their Own- How Developmental Assets Promote Positive Growth in Middle Childhood
- When Parents Ask for Help- Everyday Issues through an Asset-Building Lens
- What Kids Need to Succeed
- Tag, You’re It! 50 Easy Ways to Connect with Young People
- A Fragile Foundation- The State of Developmental Assets among American Youth
- Powerful Teaching- Developmental Assets in Curriculum & Instruction
- Get Things Going! 50 Asset-Building Activities for Workshops, Presentations & Meetings
- Developmental Assets- A Synthesis of Scientific Research on Adolescent Development
- Assets in Action- A Handbook for Making Communities Better Places to Grow Up
- Speaking of Developmental Assets- Presentation Resources & Strategies
- What Young Children Need to Succeed- Working Together to Build Assets from Birth to Age 11
- A Leader’s Guide to What Young Children Need to Succeed- Working Together to Build Assets from Birth to Age 11
- First Steps in Evaluation- Basic Tools for Asset-Building Initiatives (white binder)
- Search Institute Handouts/Pamphlets/Posters (magazine holder)

EARLY CHILDHOOD

Videos

- Selecting Child Care for Your Baby
- Behind These Young Faces- The Primary Mental Health Project
- Brazelton on Parenting- Kids and the Media
- I am Your Child- The 1st Years Last Forever
- Fathers Matter!

Books

- Roots & Wings- Affirming Culture in Early Childhood Programs
- From Neurons to Neighborhoods- The Science of Early Childhood Development
- From Neurons to Neighborhoods- Executive Summary (2 copies)
- Touchpoints Birth to Three
- Touchpoints- The Essential Reference
- Ages & Stages Questionnaires & User’s Guide
- Devereux Early Childhood Assessment (DECA Manual)
- Devereux Early Childhood Assessment Program
- New Perspectives in Early Emotional Development

- New Evidence in Unexplained Early Infant Crying
- The Role of Early Experience in Infant Development
- Your Child (5 copies)
- Transdisciplinary Play-Based Intervention
- Developmental Charting Made Easy (Infant)
- Developmental Charting Made Easy (Toddler)
- Parent Notes
- Second Step- A Violence Prevention Curriculum (Preschool- Kindergarten Ages 4-6)
- Handbook of Infant Mental Health (2nd Edition)
- Me, Myself & I
- Bright Futures in Mental Health, Volume 1
- Bright Futures in Mental Health, Volume 2
- Right from Birth
- The Emotional Life of the Toddler
- Sensory Integration & Self-Regulation in Infants & Toddlers
- The Developing Mind
- Minds, Brains & Learning
- Brain Power
- Training Manual Module 1: Social-Emotional Growth & Socialization
- TABS Manual, Screener & Assessment Tool
- PKBS-2 Preschool & Kindergarten Behavior Scales

OTHER

Videos

- Youth & Violence- Students Speak Out for a More Civil Society
- Teaching Kids to Kill
- Middle School Confessions
- In the Mix
- Help Put a Stop to Violence w/ Dave Grossman (3 copies)

Books

- Transforming Schools into Community Learning Centers
- The Doable Dozen- A Checklist of Practical Ideas for School-Business Partnerships
- America Reads
- Community Programs to Promote Youth Development
- On Killing- The Psychological Cost of Learning to Kill in War & Society
- A Framework of Understanding Poverty (2 copies)
- Siblings Without Rivalry
- Healthy People in Healthy Communities 2010
- National Strategy for Suicide Prevention: Goals & Objectives for Action
- The Big Idea- A Step-by-Step Guide to Creating Effective Policy Reports
- Promoting Cultural Competence in Children's Mental Health Services
- How to Handle a Hard-to-Handle Kid
- Maryland's Vanishing Lives
- Best Practices for Developing a Volunteer Program
- Theory and Purpose of Local Decisionmaking- Building Capacity for Local Decision Making (#1)
- Working with Members- Building Capacity for Local Decision Making (#2)
- Setting a Community Agenda- Building Capacity for Local Decision Making (#3)
- Strategies to Achieve Results- Building Capacity for Local Decision Making (#4)
- Financing and Budgeting Strategies- Building Capacity for Local Decision Making (#5)
- Using Data to Ensure Accountability- Building Capacity for Local Decision Making (#6)
- On the Road to Reading- A Guide for Community Partners
- Safe from the Start- Taking Action on Children Exposed to Violence

- Pathways to Tolerance- Student Diversity
- Cultural Competence Standards
- 8 Pathways to Juvenile Detention Reform- Reducing Racial Disparities in Juvenile Detention
- Who's Raising Your Teenager Today? (4 copies)
- Healing the Whole Family- A Look at Family Care Programs
- The Children First Story- How One Community Partnership is Learning to Put Its Children & Families First
- Strengthening Rural America Neighbor by Neighbor
- Family Support Centers Vol. 1- Program Planning & Evaluation
- Family Support Centers Vol. 2- Managing Ongoing Operations
- Family Support Centers Vol. 3- The Power of Partnership
- Speak Up- Tips on Advocacy for Publicly Funded Nonprofits
- Promoting Social and Emotional Learning
- Keeping Youth Drug Free- A guide for Parents, Grandparents, Elders, Mentors, and Other Caregivers
- The New Community Collaboration Manual
- Helping Your Children Navigate Their Teenage Years: A Guide for Parents
- Best Practices of Youth Violence Prevention- A sourcebook for Community Action
- Resiliency in Action- Practical Ideas for Overcoming Risks and Building Strengths in Youth, Families, & Communities (2 copies)
- Building Teens for Better Communities- A handbook for Teens & Adults (4 copies)
- Building Communities of Support for Families
- Primary Project Program Development Manual
- Screening & Evaluation Guidelines- Primary Project
- People Empowering People Youth Curriculum
- People Empowering People- Guidelines for Initiating & Conducting the P.E.P. Program

Resources

- Every Parent Can! (blue binder)
- Bridging Gaps & Accessing Services (white binder)
- Resiliency Training (blue and clear folder)
- Cultural Considerations for Working with Latino Families (blue folder)
- Disproportionality: Challenges & Implications for Services (blue folder)
- Old Problems, New Solutions: A Symposium on DMR (black & clear binder)

GRANT WRITING/ SEEKING FUNDING

Books

- Grant Writing for Teachers
- 750 Web Sites for Grant Seekers
- Directory of Program Grants
- Directory of Operating Grants
- Finding Funding: A Guide to Federal Sources for Out-of-School Time and Community School Initiatives
- Maryland Private Funders 1999-2000
- Financing Family Resource Centers: A Guide to Sources & Strategies

Resources

- Designing a Sustainability Plan
- The Road to Sustainability

EVALUATION COMPUTER SOFTWARE & USER MANUALS

- SPSS 9.0 and 11.5 (6 total)

- Remark Office OMR 5.5

NEEDS ASSESSMENT, STRATEGIC PLANNING, & EVALUATION

Resources

- 2002 Census Data (black binder)
- 2004 DHR Snapshot (white binder)
- Outcome Measurement Resource (burgundy binder)
- Evaluation (burgundy binder)
- Maryland's Results for Child's Well-Being (2001, 2002, 2003, 2004, 2005)
- Baseline Data for Eight Indicators (Original TFN CPA Document- Appendix A blue folder)
- The Program Manager's Guide to Evaluation (blue folder)
- Kids Count Data Books (2001, 2003, 2004, 2005)
- Maryland Kids Count Factbook 2001
- Region III Women's and Minority Health Status Indicators Database & CD
- Adolescent Pregnancy Prevention Needs Assessment 2003
- Summary of Child Care Needs Assessment in Talbot County 2001 (blue folder)
- MD Adolescent Survey 1998, 2002, 2004
- Injury-Related Deaths in Maryland (1999-2000, 2001)
- Injuries in Maryland 2001
- Mid-Shore Mental Health Systems Inc. Comprehensive Needs Assessment 2003 (black binder)
- Demonstrating your Program's Worth
- Measuring Violence-Related Attitudes, Beliefs, and Behaviors Among Youths



FINAL THOUGHTS FOR FY 2006

Thank you all for efforts throughout this grant year. As we close out one fiscal year and begin another, please take a few moments to read the following poem that was shared at a recent Healthy Families Queen Anne's/Talbot Advisory Committee meeting:

When You Thought I Wasn't Looking

When you thought I wasn't looking, I saw you hang my first painting on the refrigerator,
and I immediately wanted to paint another one.

When you thought I wasn't looking, I saw you feed a stray cat,
and I learned that it was good to be kind to animals.

When you thought I wasn't looking, I saw you make my favorite cake for me
and I learned that the little things can be the special things in life.

When you thought I wasn't looking, I heard you say a prayer,
and I knew there is a God I could always talk to and I learned to trust in God.

When you thought I wasn't looking, I saw you make a meal and take it to a friend who was sick,
and I learned that we all have to help take care of each other.

When you thought I wasn't looking, I saw you give of your time and money to help people who
had nothing and I learned that those who have something should give to those who don't.

When you thought I wasn't looking, I saw you take care of our house and everyone in it
and I learned we have to take care of what we are given.

When you thought I wasn't looking, I saw how you handled your responsibilities, even when you
didn't feel good and I learned that I would have to be responsible when I grow up.

When you thought I wasn't looking, I saw that you cared
and I wanted to be everything that I could be.

When you thought I wasn't looking, I learned most of life's lessons that I need to know to be a
good and productive person when I grow up.

When you thought I wasn't looking, I looked at you and wanted to say,
"Thanks for all the things I saw when you thought I wasn't looking."

Anonymous

